

Safe

You can't get Sexually Transmitted Infections from oral sex?

Do you assume your boyfriend has condoms?

Respect

False False

Love means you have to do everything your boyfriend/girlfriend wants?

### Relationships

Here's a quick quiz to help you know if you're being treated right.

#### My girlfriend or boyfriend

- |   |  |
|---|--|
| <input type="checkbox"/> seems to like me as a person                           | <input type="checkbox"/> won't let me talk to other girls /guys                      |
| <input type="checkbox"/> respects my feelings opinions and beliefs              | <input type="checkbox"/> doesn't want to spend time with my friends or family        |
| <input type="checkbox"/> is ok if I say no to something (including sex)         | <input type="checkbox"/> makes me feel like I have to watch what I say or do         |
| <input type="checkbox"/> is happy for me to make my own decisions about my life | <input type="checkbox"/> often puts me down or criticises me                         |
| <input type="checkbox"/> tries to work out arguments by compromising or talking | <input type="checkbox"/> sometimes scares or hurts me by being aggressive or violent |
| <input type="checkbox"/> is happy for me to see my own friends if I want to     | <input type="checkbox"/> might try to hurt me or themselves if I wanted to break up  |
|   | <input type="checkbox"/> makes me scared to disagree or to say no to things          |

**This Side =**  
love and respect

**This Side =**  
not being treated right

Tick the box that fits

**If you want to talk, you can call a help line 1800 55 1800**

Your partner stopping you from seeing your friends is a form of control.

True

No often means yes?

False

You have to have sexual intercourse to catch STI's?

False

False

Love

A healthy relationship, means you can spend time away from your partner?

True False

You can tell if someone has genital warts because you can see them?

See

### **FACS Helpline**

132 111 (free call)  
24 hours state-wide  
FACS provides a range of services which provide information, advice & referrals

### **Kids Helpline**

1800 551 800 (free call)  
24 hours state-wide  
[www.kidhelpline.com.au](http://www.kidhelpline.com.au)

The Kids Helpline provides confidential and anonymous telephone and online counselling services specifically for young people aged between 5 and 18 years old

### **Child Abuse Prevention Line**

9716 8000 24 hours, 1800 688 009

### **Northern Sydney Child Protection Services**

9462 9266  
Monday-Friday 8:30am-5pm

### **Legal Aid Hotline for Under 18's**

1800 101 810  
Monday-Friday: 9am- midnight  
Weekends: 24 hours

### **Youth Accommodation Association**

9698 5833  
Youth Line (Lifeline) 13 11 14  
24 hours free call

### **Phoenix House Youth Services**

9437 0077

### **Taldumande Youth & Family Program**

9460 3777

### **Epping Youth Development Group**

"The Shack" 9876 3543

### **Northern Sydney Youth Support Service**

9809 7850

### **Rape & Domestic Violence Services Australia**

1800 424 017 for 24 hour 7 days a week telephone counselling, information, support and referral for sexual assault victims.  
Or Visit [www.rape-dvservices.org.au](http://www.rape-dvservices.org.au)

### **Youth Source app & website**

Free directory of services relevant to young people  
[www.youthsource.com.au](http://www.youthsource.com.au)

### **Headspace Chatswood**

8021 3668

### **Ku-ring-gai Youth Development Services**

(KYDS) 9416 9824  
[www.kyds.org.au](http://www.kyds.org.au)

### **Inner City Legal Centre (ICLC)**

Lesbian & Gay Legal Rights Service  
9332 1966  
Operates advice nights Tuesdays & Wednesdays 6pm-8pm  
[www.iclc.org.au](http://www.iclc.org.au)

### **ACON's Lesbian & Gay Anti Violence Project**

#### **ACON Services**

Toll free 1800 063 060  
Metro 9206 2116  
[www.ssdv.acon.org.au](http://www.ssdv.acon.org.au) + [www.avp.acon.org.au](http://www.avp.acon.org.au)

### **Clifton Adolescent & Family Solutions (CAFS)**

9482 1366  
Free counselling & support service for young people & their families  
[www.missionaustralia.com.au](http://www.missionaustralia.com.au)

### **Ryde Child, Adolescent & Family Health Service**

9448 6877

### **The Burdekin Association**

[www.burdekin.org.au](http://www.burdekin.org.au)  
8976 1777

### **Manly Drug Education & Counselling Centre (MDECC)**

[www.mdecc.org.au](http://www.mdecc.org.au)  
9977 0711

### **RAPS, Relationships Australia**

9633 4100

### **Manly Council Youth Service**

9977 5599

### **Royal North Shore Hospital, Sexual Assault Service**

**St Leonards**  
Phone: 9462 9533

Medical assistance and counselling is provided for victims of sexual assault

